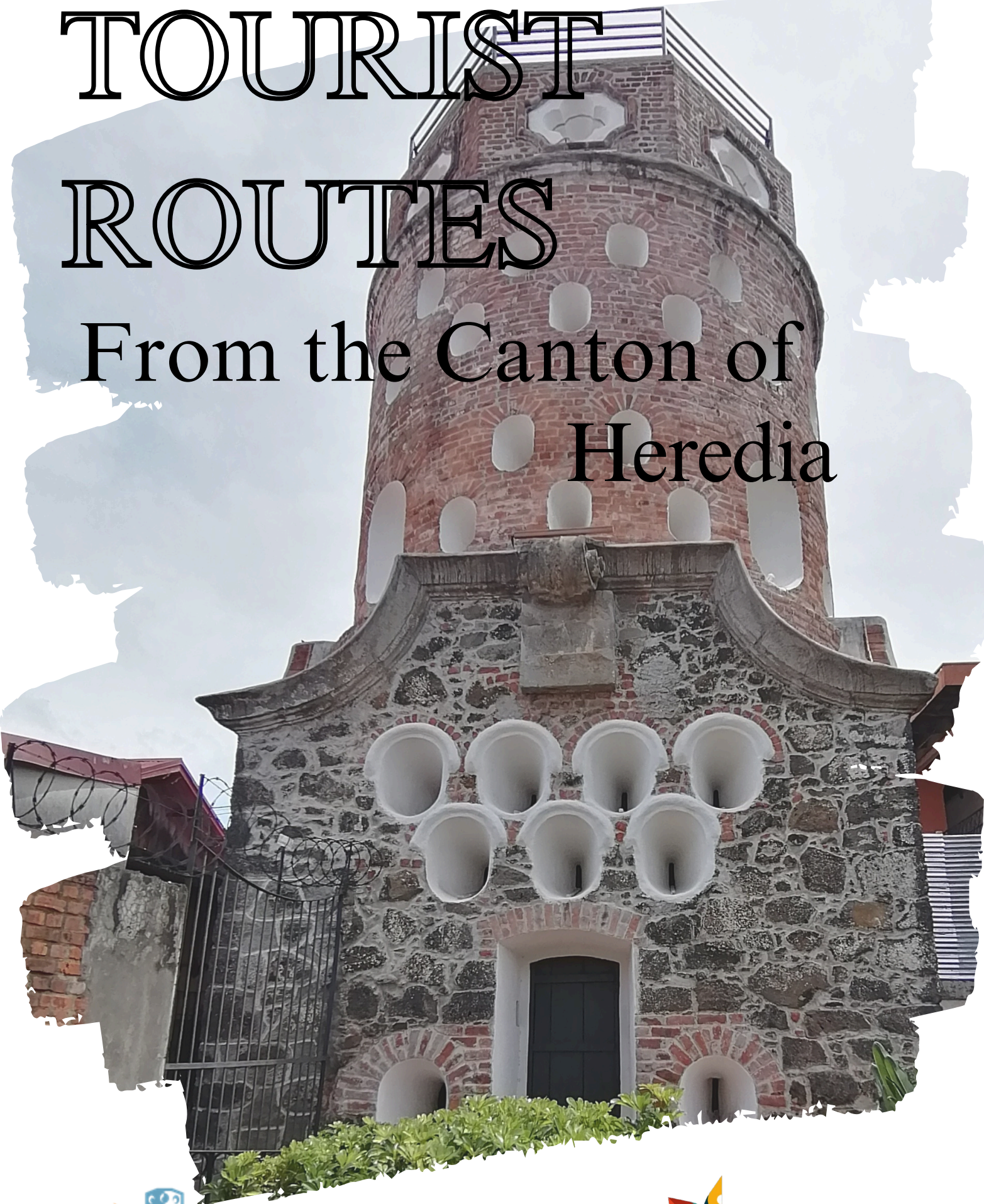


# TOURIST ROUTES

From the Canton of  
Heredia





# What is a Tourist Route?



A tourist route is a planned itinerary that connects various points of interest, allowing visitors to explore and enjoy the cultural, historical, natural, or gastronomic aspects of a region. These routes provide unique experiences designed to showcase the local heritage and treasures in an accessible and appealing way.



# Route 1

## Historic Center Tour of Heredia



This tourist route highlights the historical and cultural richness of the canton of Heredia, offering visitors a unique opportunity to connect with its legacy. Throughout the journey, expressions of local heritage that reflect the identity and traditions of the region can be appreciated, welcoming tourists to explore its history and cultural value in an enriching and authentic environment.





# Historic Center Tour of Heredia

Departure from Nicolás Ulloa Soto Central Park

## Historical, Cultural, Architectural, and Heritage Route

- Nicolás Ulloa Central Park: Fountain, Kiosk, and Monuments
- Immaculate Conception of Mary Parish.
- Heredia High School.
- Alfredo González Flores House Monument.
- Omar Dengo Heredia Cultural Center.
- Government Building (Post Office).
- Domingo González House.
- Former Nicolás Ulloa House (Old Chaparral).
- The Fort (El Fortín) and Municipal Palace.
- Joaquín Lizano Gutiérrez School.
- Former Match Factory.



Did you know that the Bosque de la Hoja Recreational Center, although not located within the canton of Heredia, is managed by the local government of the Heredia canton? This magical spot, surrounded by nature and tranquility, is the ideal destination to disconnect and enjoy an unforgettable day. Scan the code and discover more about this spectacular place and everything it has to offer!



# Lunch



Discover the local flavors at each stop on our route, where a delicious lunch awaits to recharge your energy and continue your adventure.

- Nathy's Place
- Kala Restaurante
- Restaurante el Principe
- Holy Wings
- Caprichos
- Chila Killah
- Más Q Rollos Soda y Cafatería
- Maskpollo
- Pollos Raymi Heredia



- Pollos el Peruano
- Sciamarelli's Pizza
- Delicia Sur del Lago
- Soda Mary
- Don Q
- Chicharronera Don Eladio
- Cachanos Pizza y Wings
- Cuchara rustica
- Bar y Restaurante la Cevichera
- MADO (Comidad Asiatica)
- La Galería
- El Testy
- La carretica
- Hamburguesas Jairo
- Restaurante Leño y Carbón



- **Mercado Florense:**
- Soda Las Delicias Delgado
- Soda y Tamalera D'Flores
- Soda la Gaviota
- Soda Villa Maura





Enjoy a coffee, dessert, or ice cream to take the perfect break while on our historical route.

- NNU Café
- Dreams Coffee House
- Mango Biche



- Tienda Café Volio
- Cafetería Tinichi
- Loving Hut Café



- Heladería El Crucero (Donde los colombianos)
- Santa Paleta



- Bici Chocolate
- Cupcake Addiction
- Kawah Café





# Hotels

Find the perfect place to get the rest you deserve in these cozy accommodations, to recharge and continue exploring

## Hotel América

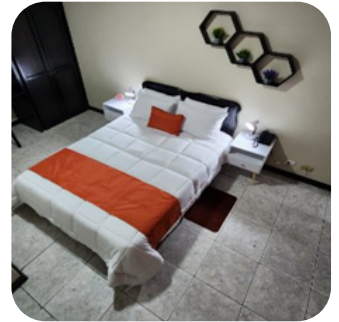
**Category:** 4 stars.

**Services:** Casino, private tours, room service, and more.

**Location:** Downtown Heredia.

**Phone:** 2260 9992 / 7112 7848.

**Website:** [www.hotelamerica.co.cr](http://www.hotelamerica.co.cr)



## Hotel Valladolid

**Type:** Boutique hotel with high-quality service.

**Location:** Downtown Heredia.

**Phone:** 2260 2905.

**Email:** [valladolidhotelcr@gmail.com](mailto:valladolidhotelcr@gmail.com)



## Hotel Encanto Colonial

**Type:** Simple lodging, ideal for budget travelers.

**Services:** Basic amenities like internet.

**Location:** Downtown Heredia.

**Phone:** 2237 5258.

**Email:** [Chavesaida@yahoo.com](mailto:Chavesaida@yahoo.com)

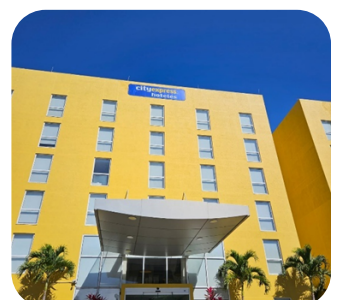


## City Express By Marriott Hotel

**Accommodation** with comfortable and modern rooms.

**Phone:** 6057 9558

**Email:** [cesjo.gerencia@norte19.com](mailto:cesjo.gerencia@norte19.com)





# Route 2

## Heredia

### Temples Tour

This tourist route focuses on the architectural and spiritual richness of the churches in the canton of Heredia. Along the journey, visitors can admire temples that are not only spaces of faith but that also bear witness to the historical and cultural development of the region. Each church offers a unique experience, from its architectural design to the traditions and stories surrounding it, emanating a deep connection with Heredia's spiritual and cultural heritage.



**TURISTEANDO  
POR HEREDIA**  
RECORRIDOS TURÍSTICOS CANTONALES



Explore the most representative churches in the canton of Heredia, renowned for their architectural, historical, and spiritual significance.



- Corazón de María Church
- Immaculate Conception of Mary Parish
- Nuestra Señora del Carmen Church
- Nuestra Señora de Los Ángeles Church





# ROUTE 3

## Gastronomic Tour at the Market



This tourist route invites you to explore the culinary richness of the canton of Heredia through its Municipal Market, a place filled with unique flavors, colors, and aromas. Visitors can enjoy an authentic culinary experience, savoring traditional dishes and local products that reflect the cultural essence of the region.

Explore the best spots in the market, where you'll find delicious dishes representing the best of local cuisine, handmade crafts reflecting the rich culture of our region, and a variety of must-see products. Let yourself be captivated by the aromas, colors, and flavors that make this market a special place. Scan the code to find the exact location and get ready to embark on an adventure full of tradition and charm.







# Route 4 South Sector Tour

Exploring the south of the canton is embarking on a journey that combines learning, connection with local heritage, and an approach to the cultural roots that have shaped this region



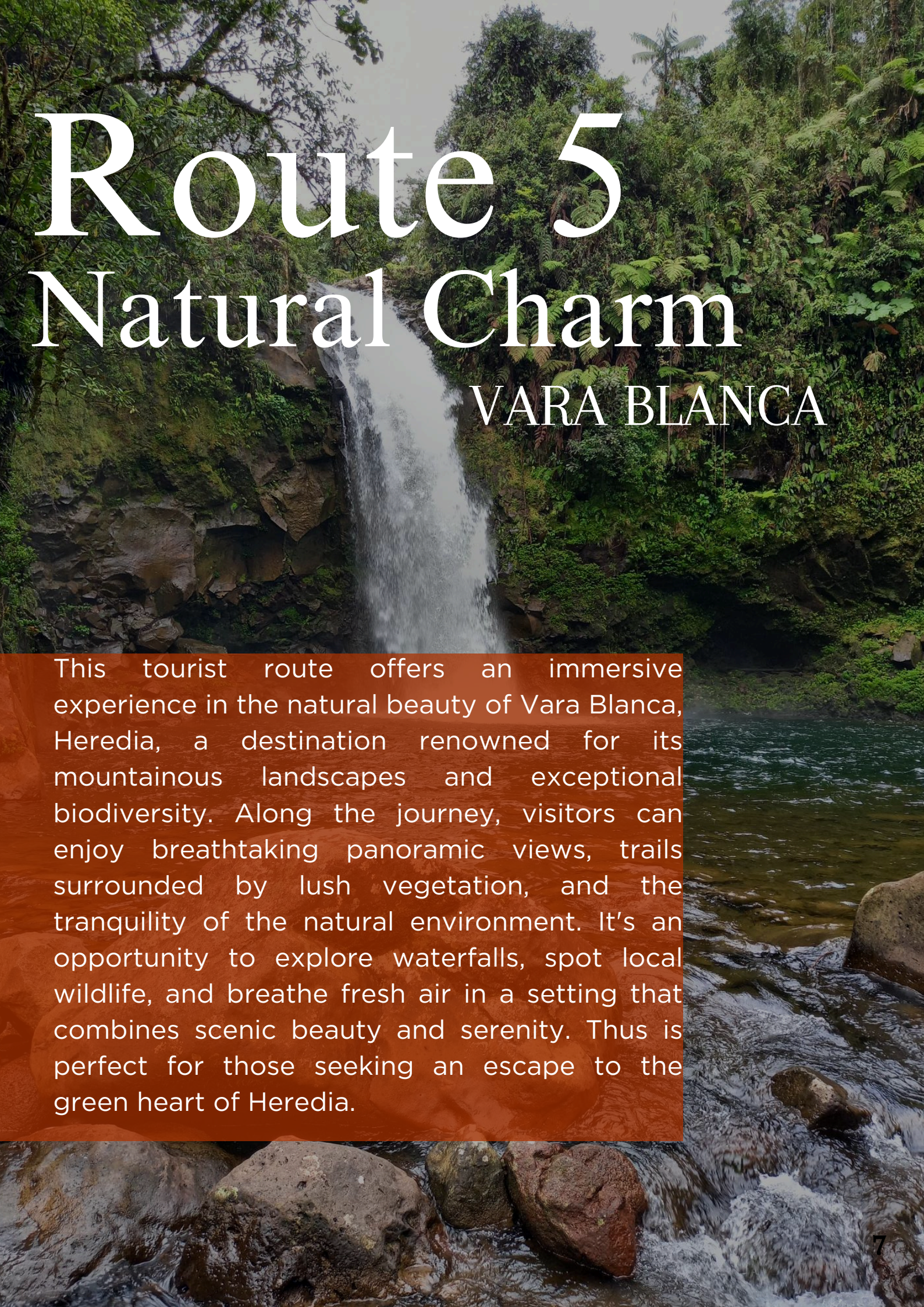
## Southern Sector Route of the Canton

The route of the “Touring about Heredia” (“Turisteando por Heredia”) program includes a tour of the exteriors of iconic landmarks such as:

- Juan J. Flores Park
- Nuestra Señora de los Ángeles Parish
- Heredia Central Market
- Cemetery
- Train Station
- Braulio Morales Cervantes School
- La Leitona House
- Nuestra Señora del Carmen Church







# Route 5

## Natural Charm

### VARA BLANCA

This tourist route offers an immersive experience in the natural beauty of Vara Blanca, Heredia, a destination renowned for its mountainous landscapes and exceptional biodiversity. Along the journey, visitors can enjoy breathtaking panoramic views, trails surrounded by lush vegetation, and the tranquility of the natural environment. It's an opportunity to explore waterfalls, spot local wildlife, and breathe fresh air in a setting that combines scenic beauty and serenity. Thus is perfect for those seeking an escape to the green heart of Heredia.



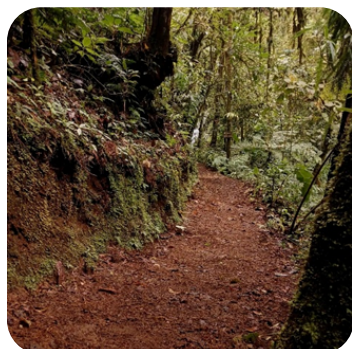
This circuit combines natural wonders, cultural experiences, and gastronomy, highlighting the biodiversity and tranquility of the region.

## Arrayán Waterfalls



## San Fernando River Waterfall

## Barva Volcano



## El Quetzal Private Reserve

8873 6310

## Cerro Dantas Wildlife Refuge

8866 7380 / 8354 9271





## LODGING IN VARABLANCA

Chalets Vistas del Poas  
8780 9530



Hortensias Chalets &  
Restaurante  
2482 8629

Enjoy lunch and snacks in Vara Blanca, surrounded by the serenity and beauty of nature. A unique flavor in an unparalleled setting!



Gustos y Sabores  
Cafetería SYF  
Gustos y Sabores  
Cafetería SYF  
El Fogón de Meche  
Soda Amatai



You can also enjoy tourist spots such as: charming trails surrounded by nature, cozy wildlife refuges, and a fascinating strawberry tour where you can learn about its cultivation and enjoy its freshness. Vara Blanca, in Heredia, is an ideal destination for those seeking adventure and a connection with nature.

Reserva Privada el Quetzal  
Refugio de Vida Silvestre  
Cerro Dantas  
Fresas y más Vara Blanca





Enjoy Heredia and its activities all year round, such as the National Strawberry Fair, the National Masquerade Festival, cultural fairs, sports events, and more. Experience the tradition and charm of this beautiful canton!



Activity	Date	Place
Turisteando por Heredia	I and II quarter of the year	Heredia
National Strawberry Fair	April	Varablanca
Heredia Sports and Gastronomy Fair	November	Nicolás Ulloa Soto Central Park
Heredia Kletea Recreational Urban Cycling Ride	November	10 km route in Heredia and Mercedes
Tour of Costa Rica	December	Heredia
Coffee Fair with Heredian Memory	October	La Perla Fairgrounds, Mercedes Norte de Heredia
Live the Christmas 2025 Festival	November- December	Nicolás Ulloa Soto Central Park
Book Fair, Heredia	May - Jun	Omar Dengo Heredia Cultural Center
Heredia Harvest Folklore Festival	August	Omar Dengo Heredia Cultural Center
National Mask Festival	November	Omar Dengo Heredia Cultural Center
Holy Week	March-April	Heredia
Civic Week	September	Heredia
Anniversary of Saint Pio of Pietrelcina (Pilgrimage)	September	Corpus Christi Parish of Saint Pio of Pietrelcina, La Aurora de Heredia

Check the exact dates of each activity on our website. Scan the code and don't miss any of the events that Heredia has for you!





# Tourism Unit

The Tourism Unit of the Municipality of Heredia is responsible for the promotion and management of tourism in the Canton of Heredia. We have an important planning tool called the Sustainable Tourism Policy of the Canton of Heredia, which sets the strategic guidelines for the tourism sector of our municipality. Additionally, we serve as a point of cohesion between the administration, public and private institutions, the tourism sector, and tourists as our target audience.

The canton of Heredia offers a wide range of tourism options, from natural attractions, cultural expressions, folklore, and scheduled events, to wildlife and flora just a few kilometers from the city in the Varablanca district. These components provide opportunities to build sustainable and consistent[1] tourism.

Heredia, a destination with a global vision and hearth, awaits you in its areas filled with history, tradition, nature, and the warmth of our people... We are a small Costa Rican canton, but with much to discover.

## Tourism Objective:

The goal is to promote the tourism activity of the canton of Heredia, its development, and strengthening through actions that contribute to sustainable tourism development in the canton. The services for tourists include tourist information, the "Turisteando por Heredia" program, free guided tours for organized groups, and entry authorizations to the Fortín. Services for the tourism sector include training, promotion, tourism advice, among others.

## Location:

Municipal Palace

## Hours:

Tuesday to Saturday, 08:00 AM to 05:00 PM

## Sustainable Tourism Policy of the Canton of Heredia 2023-2027

The Municipality of Heredia has an important planning tool called the Sustainable Tourism Policy of the Canton of Heredia 2023-2027. This policy establishes the strategic guidelines in the tourism sector and promotes actions in this area aimed at improving the quality of life for the population of the canton. Below is the link where you can consult and download the document:





# COSTA RICA

TOURIST ROUTES / **HEREDIA**



**HEREDIA**  
VIVE Y  
DESCUBRE



**HEREDIA**  
GOBIERNO LOCAL